

MEDIA CONTACT:

Emily Dickson, Communications Manager

DishIt

emkdickson@dishit.ca

123-456-7890

DishIt advocates for proper food handling practices during COVID-19

TORONTO, April 2, 2020 – DishIt, a Toronto based service providing Toronto residents with the opportunity to learn from the city’s top chefs is calling for residents to review basic food handling practices at home during the COVID-19 quarantine. The company is providing clarification to those who are confused about the transmission of COVID-19, giving advice on how to take proper precaution when cooking at home.

- [Government of Canada food safety updates](#)
- [Produce Safety Guidelines](#)
- [World Health Organization COVID-19 Advice](#)

DishIt is urging everyone to wash their hands after being out in public and especially before eating. This also includes washing your hands after handling any containers or unwashed produce. Soap should never be used on fruits or vegetables as it is not designed to be used on food or safe to consume. Instead, produce should be thoroughly washed in cold water and dried as usual.

“Most don’t know who or what their food has come in contact with and are wondering if they should be taking extra steps to clean what they bring home from the grocery store,” says Ellie Durham, CEO of DishIt. “We want to provide people with a level of assurance and ensure they are taking the steps necessary to be safe.”

Readers can find a list of tips for cooking at home during COVID-19 through DishIt’s website, including ways to stay sane while making the best of your home cooking experience.



<https://pixabay.com/images/id-1584999/>

About DishIt

DishIt provides Toronto residents with the best hands on cooking experience. Learning from some of Toronto’s top chefs at some the cities favourite restaurants, names like Rob Gentile from Buca and Alexandra Feswick from The Drake Hotel teach their tricks of the trade and how to cook in a variety of different cuisines. For more information or a list of all our participating chefs, please visit us at www.DishItToronto.ca and follow us at @DishItToronto to see what is being served next.